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## POST CATHETERIZATION INSTRUCTIONS

### GENERAL

1. Minimize physical activity for the first two days following procedure.
2. Avoid lifting objects that are heavier than 10 pounds for 7 days.
3. You may shower 24 hours after procedure. Remove bandage at this time.
4. Avoid tub baths, hot tubs, or swimming for 5 days or until wound is completely healed.
5. Do not drive automobiles or operate heavy machinery for 24 hours.
6. If you do need to cough, please hold puncture site.

### WHAT TO EXPECT AFTER THE PROCEDURE

1. Soreness or tenderness that may last to 1 week.
2. Bruising in area and puncture site
3. Mild oozing from incision

Call Dr. Myatt with any of these symptoms: Chest pain, active bleeding, fever, chills, drainage of pus from puncture site, increased swelling/pain in groin area, numbness, tingling, burning, or a cold sensation in the extremity where catheter was inserted.

Please go to the Emergency Room or call 911 if you have a lot of excessive bleeding. Please do not drive.

If you have any questions please free to call our office.